

NAME:- MANU MANEESHA

DEPARTMENT:- HUMANITIES

SUBJECT:- PSYCHOLOGY

### INNOVATIVE METHODOLOGY USED

#### INTERDISCIPLINARY COLLABORATIVE TEACHING

TYPE OF ACTIVITY	ACTIVITY	LEARNING OBJECTIVE	LEARNING PROCESS	ASSESSMENT
<b>INTERDISCIPLINARY COLLABORATIVE TEACHING</b>  - <b>Psychology &amp; English</b>	Chapter review with psychological view	To help students understand the psychological aspect of the English literature chapter 'The third level'	Chapter review  Students were asked to explore the various symptoms shown by the main character of study.  Correlate the psychological symptoms with character	Immediate reflection  Feedback
<b>INTERDISCIPLINARY COLLABORATIVE TEACHING</b>  - <b>Psychology &amp; Social Science</b>	<b>Pro - environmental Behaviour</b>	To help students understand the psychological ways of dealing with air pollution	Group work (students were divided into groups to depict pro environmental behavior in different ways)  1) Prepare exhibits and plans to deal with air pollution in day to day lives, inside home  2) Research on ways to deal with air pollution  3) Exploring habits that can be replaced with environment friendly behavior	Students presented their work in exhibitions

			4) Correlate the various therapeutic techniques studied to apply when stressed due to pollution	
<b>OUT OF CLASS LEARNING</b>	<p>IMPACT FO AIR POLLUTION ON MENTAL HEALH</p> <p><b>Survey</b></p> <p><b>PROJECT BASED LEARNING= CASE STUDY, MOVIE ANALYSIS, MENTAL HEALTH POSTERS, DEVELOPMENT AL STAGES</b></p> <p>PRESENTATION</p>	To help students learn to research and find conclusion	Students were asked to conduct a survey on auto drivers and find the impact of air pollution on their daily lives	Survey results and presentation
<b>PROJECT BASED LEARNING</b>	<b>DEVELOPMENT AL STAGES</b>	To help students learn the differences across different life stages to understand different developmental tasks	Students were divided into groups and asked to explore their environment, research to depict and present life stages of infancy, childhood, adolescence, adulthood, old age	<b>Project and presentation</b>
<b>ACTIVITY BASED LEARNING</b>	<b>Therapist-client roles</b>	To help students understand the importance of therapist role in a counselling set up	The students were given problems and asked to play as therapist and client, while the class involved in observation was asked to reflect on key characteristics of therapist	Role play activity