



HAPPINESS CLASSROOM WORKSHOP

"The classroom should be an entrance into the world, not an escape from it."

– John Ciardi

In conjunction with the Offline Capacity Building Program, an offline workshop on 'Happy Classroom' was held at Mata Jai Kaur Public School on 27/09/23. By participating in the workshop, teachers were able to learn about ways to create an engaging environment for students to study in. During the workshop, the facilitator shared observations and experiences about how happy learning can occur.

As she explained in her presentation, teachers play a crucial role in helping students achieve their goals. In her view, teaching must be done in such a way that teachers can reach every student's soul so that every classroom will become happy. For this to be achieved, teachers must understand the minds of today's generation, specifically Generation Z and Gen Alpha. This generation is learning at a faster pace than previous generations, so they need to adapt their approach accordingly.

To achieve this goal, teachers should be self-aware, self-managing, self-motivated, able to manage relationships, and aware of their social environment. In addition to active listening and mutual respect, there were discussions on communication, empathy, and good communication habits that may contribute to the development of positive relationships. The group also explored and demonstrated a variety of classroom strategies, such as storytelling, pantomime, role play, group singing, etc. An important point that emerged from the workshop was the importance of creating healthy relationships within the school with peers and adults. The only way to help children deal with and overcome their fears, worries, and limiting beliefs is by providing them with a positive, accepting and happy classroom.



