



## Our student on the literary trip..... to publish their work!

Saanvi Nanda of grade X recently published her first book “Teenage Tomorrow”. There is a myth that teenage is the most difficult phase of one’s life, however if understood properly and given the right direction, the teenage years can become a strong foundation for a better tomorrow. As a teenager myself, I am not going to talk about our difficulties, issues and obstacles in day-to-day life. Though there is no denying, whether it’s a small matter or a big one, once a child is growing up, he/ she has to face the situation on their own. I would prefer to call those difficult situations as challenges. These challenges if taken in a positive way, brings in a new perspective, a new way of looking at things and better understanding. Positive and critical thinking makes all the difference in one’s life, outlook wise and in personality. Just like a when a seed is sowed by a gardener, it blossoms into a fragrant flower or a fruit bearing tree, consequently upon passing through various processes so is the childhood and teenage towards matured adulthood. Teenage is akin to the tender stage of a plant, when it needs utmost care, understanding and love from the gardener. In our case gardener replaces our friends, peer groups, teachers, mentors, parents especially the mother and other relatives. The book explores the journey of a teenager, from those challenging situations to a matured adulthood. Even though it’s difficult and all about challenges, they learn unlearn and relearn. *“A lotus flower rises on the stalk unsoiled by the mud and water, so the wise one speaks of peace and is unstained by the opinions of the world.” – Buddha.* A humble attempt is made to in the book, to look into teenage jargon from emotional awakening and the tool I will applying is - ‘thinking process’. I am taking thinking in teenage years as introspection and self-evaluation.



Author Saanvi Nanda