



## EXPRESSIONS 2K24

Mata Jai Kaur Public School organised its Annual Inter-School Event, 'Expressions 2k24' on 27 July 2024. The theme of the event was '**Innovation Expo:Showcasing Creativity**' which aimed at nurturing young minds by encouraging them to think innovatively by going beyond the borders of academics. Every competition was meticulously planned and curated to motivate the students to think creatively, leading to their holistic development.

The participants demonstrated their talent and skills by participating in a diverse array of competitions like the Product Resurgence Challenge, Mind Mastery, Billboard Brilliance, Verbal Vortex, Voices of Valour, A Plausible Tale, Meri Awaaz Suno, Math Odyssey and many more. 579 students from 31 prestigious schools of Delhi participated in 15 different competitions. The entire event was orchestrated and executed by the students, under the guidance of the teachers.

The event commenced with an opening ceremony. After the melodious rendition of the pious shabad and the ceremonial lamp lighting, the school Principal, Mr Sandeep Singh Kathuria addressed the gathering. He emphasized on the importance of innovation and creativity. He encouraged everyone to cultivate and foster a culture of camaraderie and learn through collaboration, embracing new experiences. The students offered benediction to Lord Ganesha through 'Shubharambh' - a dance performance.

The Guest of the Honour for the event, Mr Shishir Arya, a certified Mindfulness Practitioner and the Founder of HEAL Labs and 'Know Thyself Happy', a social initiative, addressed the participants during the closing ceremony. He focused on the importance of concentration and practicing mindfulness. He emphasized on the role of constant practice in mastering any skill and attaining one's goals. His words inspired the students and instilled in them a sense of confidence. Ms Rasna, the Vice Chairperson of the school motivated the students to do their best by her inspiring presence.

The alumni of the school were invited to judge the competitions. They interacted with the participants and shared their valuable insights with them. The overall winner for the event was Indraprastha International School, Dwarka. The winning team of the dance competition 'Utsav Nritya', Maharaja Agarsain School, was given the opportunity to perform as part of the closing ceremony. The event ended on an optimistic note and proved to be a fruitful and an enriching learning experience for all the participants.











